



Facial Peels Pre-Treatment Instructions

Seven days before your Facial Peel please avoid using these products and procedures

1. Retinol/Retin-A/Differin/Tazorac/tretinoin
2. Alpha Hydroxy Acids - glycolic and lactic acid
3. Beta Hydroxy Acids - salicylic acid
4. Any exfoliating products that may be drying and irritating to the skin
5. Electrolysis
6. Waxing
7. Depilatory or bleaching creams
8. Laser Hair Removal

Wait 2-4 weeks after your filler injection (Juvéderm XC, Voluma, etc.) before you have either a Facial Peel

Facial peels are safe to be performed before both Botox and/or filler injections on the same day. Otherwise, you will need to wait until peeling has fully subsided before having Botox and filler injections due to skin sensitivity (one week)

So that you schedule your Facial Peel at the right time for you, please understand that you should expect to have peeling. The degree of peeling and how long you peel varies based on many different factors. The following is a GENERAL guideline of what to expect each day following your peel. If you have any questions, please do not hesitate to contact our office.

Day 1 - Your skin may feel tight, or you may feel no change at all

Day 2 - You will start to notice cracking and peeling that starts around your mouth area. This will progress throughout the day.

Day 3 - Peeling will continue and now will extend to other areas of your face. Your skin may feel more sensitive and appear pink in the areas that have peeled

Day 4 -5 Again, peeling continues and usually by now has extended to your hairline and chin.

Day 6-7 Except for mild flaking the most significant peeling has now resolved

Please call our office if you have any questions 541.298.5066